

# CONNECTIONS

SPRING 2023

MAKING THE IMPOSSIBLE POSSIBLE | INVESTING IN PIONEERING RESEARCH | POSITIVE PATIENT EXPERIENCE



HRH Princess Eugenie meets Posie-Aurora Sadler-Smith



RNOH CHARITY



# Welcome to the latest edition of RNOH Charity’s Connections magazine.

We’re excited to have launched our Impossible Possible campaign this spring. We need to raise more than £1 million this year to keep funding the ground-breaking research, equipment and improvements that make RNOH's extraordinary work possible, but that is beyond the scope of the hospital's NHS funding.

We were delighted to welcome HRH Princess Eugenie to RNOH's Prosthetic Rehabilitation Unit, to coincide with the campaign launch. The Princess, who is a former RNOH patient as well as the Charity’s patron, saw where prostheses are made, met the rehabilitation service’s multidisciplinary team and spent time with a number of patients who are being treated at the hospital.

The Princess said: “This is a charity which is very close to my heart. After everything I went through as a child with scoliosis, I know from my own experience how debilitating an orthopaedic condition can be. It has been inspirational to meet those who have benefitted from the expertise of the hospital’s staff and services, and to hear first-hand how truly life-changing this has been for them, as it was for me when I was a child. The RNOH Charity is integral to what the hospital achieves in delivering such stellar care for so many people.”

Princess Eugenie met a number of patients who are being treated at the hospital including two-year-old Posie-Aurora Sadler-Smith from Suffolk, who suffers from a rare disorder, fibular hemimelia, which means that the bones in her lower limbs did not develop properly. Her family first met with the team at the hospital when Posie's mother was pregnant, and Posie began treatment when she was just six months old.

Below: HRH Princess Eugenie meets Posie-Aurora Sadler-Smith



Her mum, Jodie Weeder, 27, said: "We cannot thank RNOH and the RNOH Charity enough for giving Posie the chance to walk using prostheses. Its support over the last two years gave us hope for her future and allowed her to be able to do things that all children of her age should be able to do; run around and play, and in particular dance, something she loves to do. Seeing her stand up for the first time on both her prosthetic legs, truly was amazing. They really have made the 'impossible possible' for our little girl."



Top: HRH Princess Eugenie and Ida Corcoran  
Bottom: Impossible Possible campaign poster

*“It has been inspirational to meet those who have benefitted from the expertise of the hospital’s staff and services, and to hear first-hand how truly life-changing this has been for them, as it was for me when I was a child.”*

HRH Princess Eugenie





Right: HRH Princess Eugenie meets Ida Corcoran



Left: HRH Princess Eugenie saw prostheses being made  
Below: HRH Princess Eugenie visited the Prosthetic Rehabilitation Unit



Left: HRH Princess Eugenie meets Prosthetic Rehabilitation Unit staff



# MAKING THE IMPOSSIBLE POSSIBLE

HRH Princess Eugenie's visit shone a light on our new Impossible Possible campaign, which aims to do two things: to raise awareness of the pioneering treatment and world-class care that RNOH gives to people who face complex orthopaedic conditions or injury; and to urge people to donate to RNOH Charity.

The Charity supports the work of RNOH in treating patients of all ages suffering from neuro musculoskeletal conditions, including spinal cord injuries, bone cancer, scoliosis and acute hip and knee problems.

The first stage of the campaign illustrates the life-changing impact of prosthetics, through world-class support that transforms and rebuilds patients' lives

– making the impossible possible. This includes the provision, maintenance, and repair of artificial limbs, together with a rehabilitation service provided by a multidisciplinary team for a range of patients from young children to veterans.

We need to raise more than £1million this year to keep funding the ground-breaking research, equipment and improvements that make the hospital's extraordinary work possible, but that cost more than the limits of NHS spending. This money will help strengthen and support the people, research and infrastructure that make RNOH one of the world's best orthopaedic hospitals.

Below: Impossible Possible campaign poster



Top: Prostheses are made at RNOH  
Middle: A patient is supported by a RNOH prosthetist  
Bottom: Prostheses with customised designs



## Here's how you can get involved

Support us in making the impossible possible, by donating now at:  
[www.rnohcharity.org/impossible-possible](http://www.rnohcharity.org/impossible-possible)

Follow RNOH Charity on Facebook, Instagram or Twitter and share our posts with your friends.

## How your donation will help

Money raised will fund the overall improvements to the patient experience and clinical research. Plus it will also fund specific items such as state-of-the art imaging equipment; transforming the spinal cord injury centre's day room; and further pioneering orthopaedic research and ground-breaking developments.

Donate here:





# CAITLIN'S STORY

Our Impossible Possible campaign features the story of Caitlin, who was just seven years old when she found out that the cause of the pain in her legs was bone cancer.

It was devastating news, and Caitlin was told she required a major operation and would need to learn to walk again. She came to RNOH for an amazing, life-saving procedure. Not only did surgeons remove a huge tumour from her leg, they also took out her whole thigh bone, replacing it with an extraordinary titanium prosthesis. This had a tiny motor in it so it could ‘grow’ as Caitlin grew. This remarkable innovation was painless, non-invasive and completely life-changing. It helped Caitlin grow up without needing more and more painful operations on her leg over the years.

Four years later, Caitlin was given the heart-wrenching news that she had another large bone tumour, this time in her arm. Thankfully, the incredible RNOH team was there for her again, designing another bespoke prosthesis, to help give Caitlin as near to normal a life as possible.

*“They literally rebuild people’s lives. I wouldn’t be here living the life I am without them.”*

Caitlin



Caitlin’s story is amazing. What’s more, it’s just one example of the extraordinary treatment and care RNOH provides all the time, which our new campaign is highlighting.

RNOH has been doing the impossible for over 100 years by rebuilding people’s lives when they face complex orthopaedic conditions or injury. Doing things that no other hospital can do makes the hospital extraordinary. But being extraordinary needs extra investment and that’s where you can help. Will you make a gift today to help RNOH carry on rebuilding lives like Caitlin’s?

Donate here:  
[www.rnohcharity.org/impossible-possible](http://www.rnohcharity.org/impossible-possible)





# VOLUNTEERING GOES FROM STRENGTH TO STRENGTH

**Did you know that over the last six years RNOH’s successful Volunteering Service has grown from 10 volunteers to around 200 steady volunteers across the Trust?**

The service is fully funded by RNOH Charity and continues to go from strength to strength, with Involvement and Volunteer Lead, Diane Young at its helm.

Diane says: “It’s not until you stand back that you realise how ingrained our amazing volunteers are within the Trust, supporting patients and staff. Many have been patients and had good treatment here, so want to give something back. It’s a community - many of our volunteers know each other, like a family, which is lovely. We have a strong backbone of volunteers - when you need things to happen, you can be sure they will be there, supporting us.”

Many people know and love the Stanmore site’s fantastic volunteer-run buggy service, which has now carried a staggering 125,000 passengers since its start.

But the range of, perhaps less visible, work that the volunteers do within the NHS to support the patient experience and staff experience is wide-ranging, often drawing on volunteers’ previous work and life skills.

For example, three volunteers with careers in professional events management were instrumental in running the Trust’s Centennial Nursing Conference in December 2022. Other volunteers have been part of a project arising from the Trust’s co-production team, ensuring that one of the key patient statements ‘I am not forgotten’ is delivered in practice.

In a pilot project with the Rehabilitation team, trained volunteers with customer care experience supported with calling patients on the waiting list to check in with them, spend 10-20 minutes on the phone with them if needed, and record any updated information to share with the clinical team. The pilot project resulted in 100% of patients who were called saying that the experience was beneficial to them, plus this meant that staff were able to focus that time treating current patients.

Your support means we can keep funding this kind of valuable help for patients, making their experience at RNOH even more positive.



**If you’d like to apply to become a volunteer, there’s more information here:**  
[www.rnoh.nhs.uk/about-us/volunteer-services](http://www.rnoh.nhs.uk/about-us/volunteer-services)



Opposite: The buggy service  
Left: A meal time buddy  
Above: The Volunteer Services Team



# HOW SCOOP AIMS TO TRANSFORM LIVES AFTER TREATMENT

One of the ground-breaking projects that RNOH Charity has funded – with grants of £148,483 and £65,000 respectively – is the Stanmore Children’s Orthopaedic Outcomes project, known as SCOOP.

Its aim is to understand the lived experience of children with sarcoma, and other non-cancer orthopaedic conditions, after their treatment, in a comprehensive way. This means looking at a combination of physical, psychological and social issues that affect their return to ‘normal’ living.

When children have major surgery, they can experience a wide range of problems in their day-to-day life, for example getting back to school or finding new social activities or sports that they can enjoy.

The research has looked at different cohorts of patients, to understand the personalised factors for each – as outcomes for patients who have had a cancerous tumour removed, who have had an amputation, or who have received treatment for a spine curvature, can all be very different.



The researchers soon discovered, however, that as many of these issues continue into adulthood, investigations needed expanding to include the outcomes for adults in these groups as well. So far, almost 80 patients have been involved in the project, and it has involved collaboration with researchers in the UK and around the world, to build on and coordinate with previous and other current work.

The research has also included using gait lab technologies within the Motor Learning Laboratory at RNOH and accelerometers which are body-worn technologies used to track physical activity. People wear these activity trackers at home to measure and gain an accurate picture of their physical activity once they are back from hospital. The gait technologies can also measure how people are walking on a treadmill and whether they are at risk of falls, so that exercises for balance, for example, could be incorporated into their follow-up package. This data will help rehabilitation specialists understand activity levels and again feed advice into clinical care recommendations.

Dr Sherron Furtado, Senior Sarcoma Research Therapist, is one of a team of specialists investigating this topic, contributing to SCOOP and working closely with patients.

She says: “We always think of patients first, so what does the patient need and how can we improve their quality of life? When you’ve been through very difficult surgery, the clinical issue has been treated but then you go home, into your community and it can be difficult to cope. Our research is about how we can make different groups of patients’ lives better by developing recommendations for improving their care once they have finished their treatment. However, you can’t give good recommendations without really knowing what these issues are in the first place.”

SCOOP’s ultimate goal is to translate the research findings to develop evidence-based treatment recommendations for how to manage and improve longer-term rehabilitation that is personalised for different groups; and for those recommendations to become national or international guidelines.

Above: Dr Sherron Furtado  
Opposite: A young RNOH patient



*“We always think of patients first, and how we can improve their quality of life and their way of living, because surviving is not enough.”*

Dr Sherron Furtado, Senior Sarcoma Research Therapist



# INNOVATIVE TECHNOLOGY SUPPORTING PIONEERING RESEARCH



**You’ve probably heard of The Human Genome Project, a landmark global scientific effort which established and made available the sequences of our genetic makeup.**

When the first genome was published back in 2003, a team at RNOH led by Professor Adrienne Flanagan, OBE realised that this would transform the way we diagnose cancer in the future.

Since then, the team has carried out pioneering genomic research and painstakingly developed a biobank and database of samples – none of which would have been achieved without support from RNOH and patients’ consent. This is especially challenging when working with a rare condition like sarcoma, some forms of which occur in less than 20 people per year in the UK. Collecting enough samples can take years but this is

*“We have some way to go, but looking back over the last 20 years there is no doubt that genomic research has improved patient care, and that the Sarcoma Team at RNOH has contributed to this in a major way.”*

Professor Adrienne Flanagan, OBE

what is required if we are to understand how mutations cause tumours in bones and soft tissues (muscle, fat, nerves, blood vessels) resulting in a patient developing the disease.

RNOH Charity has supported this work by funding £268,855 towards the purchase of a digital histopathology scanner and a genomic medicine research post for the DNA sequencing of sarcoma.

In the last few years we have seen great advances in digital technology; it is developing to such a level that pathologists are beginning to move away from making a diagnosis by looking at a slide through a microscope, to viewing the images on a computer screen. This technology still needs development, but already provides many benefits for patients: we envisage that in the future, diagnoses will be provided more rapidly for patients. As the data is stored digitally, it means that especially difficult cases can be shared with experts across the UK and even the world in a very safe and efficient way, without people having to travel or put slides in the post. All of this helps tackle the shortage of pathologists with expertise in sarcoma in the UK and beyond.

The sheer quantity of advancements in medicine means that it is difficult to retain all of the information in a person’s head that is required to give patients the best care. So researchers are now developing artificial intelligence (AI) to train computers to support pathologists reaching the most accurate diagnosis efficiently.

Professor Flanagan, OBE, Consultant Histopathologist at RNOH, Head of Academic Pathology at University College London and Professor of Musculoskeletal Pathology at UCL Cancer Institute, explains:

**Opposite:** Professor Adrienne Flanagan, OBE  
**Below:** Dinethri Patel, one of the research team involved with scanning more than 6,000 sarcoma cases



“The next phase of our research is to link the genomic data with the digital pathology images. We want to combine these two sets of information because as Aristotle said, ‘the whole is more than the sum of the parts’ – that is, if you put those two pieces of information together, it is even more powerful than using them in isolation. With this in mind, we have started to train computers to link genomic results with pathology images so the computer then suggests the most likely diagnoses to pathologists but the pathologist still has to make the final decision.

The way we see the AI working is that the pathology slides are scanned, the computer algorithm that we

*“Each investment from the Charity helps us build on what we have already achieved, and this makes us more attractive to other funders. The research that we publish in peer-reviewed journals shows how it directly impacts on clinical care and patient outcomes.”*

Professor Adrienne Flanagan, OBE

develop generates the probability of a diagnosis and prompts the pathologist to undertake the special tests to confirm the diagnosis. The computer is not in control but acts to support pathologists.

There may be 20 or 30 tests that a pathologist could do to reach a diagnosis; these are expensive and take time. We envisage that AI should reduce the number of tests considerably. With the money and time saved from AI, we can develop more rapidly, and better diagnoses for patients by continuing to invest in research.”

## FUTURE DEVELOPMENTS

RNOH and UCL research groups are UK and world leaders in genomic diagnostics for bone and soft tissue sarcoma, continually collaborating, developing and adding to years of valuable knowledge and research in their fields. So the impact of RNOH Charity’s funding for the scanner and research post, in turn has a ripple effect, helping pave the way for further investment from other funders.



# INVESTING IN STAFF WELLBEING



**It's hard not to miss news stories of the pressures facing the NHS and its staff. Funding, waiting lists, retention and recruitment, plus the cost-of-living crisis, are impacting frontline healthcare professionals.**

RNOH Charity has continued to fund the Staff Wellbeing Lead, Chloe Kitto for a further year, in addition to its previous support of the Wellbeing Hub; both crucial parts of the hospital's programme of looking after its staff. We caught up with Chloe to hear more about how this is making a difference.

Chloe manages the Wellbeing Channel - which offers 24/7 online resources for all staff - to make sure there is reliable information easily at hand for any staff who need some support. She says: "It's a huge step to look for support, so it's crucial when staff access it, that they have confidence in what they receive, as well as it being either free or low cost."

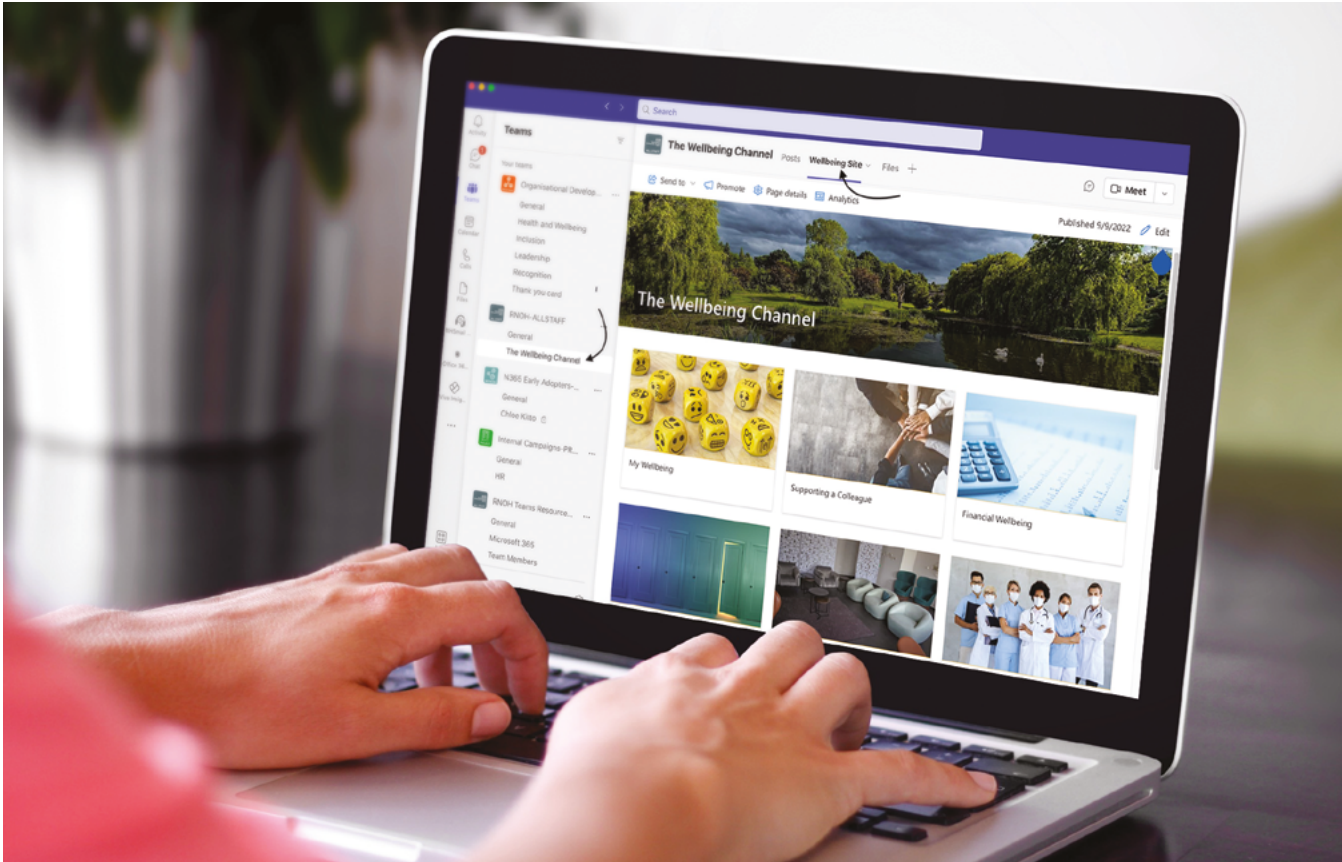
The Wellbeing Service supports RNOH staff in many other ways. Recently the Trust provided relaxation and wellbeing treatments for staff on the wards and in team areas. This boosted morale and encouraged staff to think about their own wellbeing and take further actions.

Chloe also does important outreach to staff, connecting face-to-face during their working day and encouraging them to focus on their own self-care and wellbeing, as well as that of their teams.

She says: "It's a huge step to look for support, so it's crucial when staff access it, that they have confidence in what they receive, as well as it being either free or low cost."

This has proven particularly effective with staff getting in touch for one-to-one support conversations, team support, or signposting to the Wellbeing Channel, as a result.

RNOH Charity's funding will also have an impact further afield, as Chloe is part of a network of health and wellbeing leads across the country. She is aiming to start an evidence-based practice group, to influence London-wide and national best practice and research in the future.



Please support RNOH Charity in funding more projects like the Wellbeing Service.

**Donate here:**  
[www.rnohcharity.org/impossible-possible](http://www.rnohcharity.org/impossible-possible)

***"At this moment in time in the NHS, there is so much pressure on staff, it's above and beyond what they would normally deal with, and they genuinely want to provide really good quality services for patients. It's absolutely fundamental right now to be thinking about the wellbeing of our staff, and to have somebody in post who can really focus on this, with very specific skills and knowledge around mental health."***

Charlotte Shaw, Head of Organisational Development

Opposite top: Chloe Kitto, Staff Wellbeing Lead  
Opposite bottom: The Wellbeing Hub at RNOH  
Above: The Wellbeing Channel



# MAKING A DIFFERENCE

**We are proud to have awarded more than £4 million in grants to RNOH between 2019 and 2022!**

**Here are just some of the recent highlights.**

## SUPPORTING STAFF WELLBEING BY FUNDING:

- The Staff Wellbeing Lead role and the Wellbeing Hub, dedicated wholly to staff mental health and wellbeing
- Gym membership and travel scholarships
- Covid-19 related grants
- Staff recognition and celebrations including events like the garden party and staff achievement awards.

All images: RNOH 100 celebrations



## RNOH100 STAFF CELEBRATIONS

RNOH officially marked the 100th anniversary of the opening of the hospital at Stanmore in July last year. More than 350 colleagues gathered for a garden party, music and refreshments to celebrate the fantastic achievements of RNOH and its decades of superb patient care. It was also a brilliant opportunity for staff to come together for the first time since the pandemic. RNOH Charity was delighted to fund the marquee and furnishings, musical entertainment and long service awards.





INVESTING IN CLINICAL RESEARCH INCLUDING:

- CCOPER mental health research
- Stanmore Children's Orthopaedic Outcome Project
- 3D magnetic resonance imaging research
- Nursing research and postdoctoral posts.

CREATING A WORLD-CLASS FACILITY BY FUNDING:

- Medical equipment in the Stanmore Building
- Spinal Cord Injury Centre equipment
- The SPECT-CT scanner
- The first UK NHS hospital EOSedge scanner.



ENHANCING THE PATIENT EXPERIENCE THROUGH FUNDING:

- The Stanmore Building artwork
- The Volunteer and Buggy Service
- Patient welcome packs
- Contribution towards Horatio's Garden
- Occupational Therapy equipment
- An exercise bike for paediatric patients.

Top left: paediatric patients at RNOH  
Top and bottom right: Horatio's Garden  
Bottom middle: Stanmore Building Artwork  
Bottom left: Rebecca Baldwin, one of the research team involved with scanning more than 6,000 sarcoma cases.



# THANK YOU TO OUR AMAZING FUNDRAISERS

## A BIRTHDAY HALF MARATHON

Five fantastic RNOH supporters: Sophia, James, Ellie, Grace and Keelie, ran the London Landmarks Half Marathon. Our runners raised a staggering £3,600 in total!

Running on her birthday, Grace said: “I ran the London Landmarks Half Marathon to raise as much money as possible for RNOH, the hospital that carried out ground-breaking surgery on my mum’s sarcoma back in 2016. This was the only treatment available at the time for mum’s very rare cancer and they did a fantastic job at giving exceptional care and treatment. I know that mum would be extremely happy that I’m raising money to help others in similar situations, and for the place that tried so hard to save her to receive the money I raised in her memory.”



## THE DAVID HOLMES CRICKET MATCH

In the thirteenth annual battle for the illustrious trophy, Slytherin team beat the Gryffindors by 26 runs, and the event raised an amazing £2,000 for RNOH Charity. It will go towards the transformation of the Spinal Cord Injury Day Room. The event has been running since 2009, thanks to David’s family and friends, following his accident and subsequent treatment at RNOH.



A HUGE thank you to our amazing fundraisers, who have travelled with teddies, trekked, walked and swum their way to raising vital funds for our charity over the last few months. We are enormously grateful for every single penny that you have raised along the way. Here’s just a few of the highlights!

## THE KREUZER FAMILY TRIATHLON

RNOH patient Poppy and her wonderful family took part in the Windsor Relay Triathlon for us, raising an incredible £5,643. Poppy, a national open water swimmer, had a curve in her spine which had increased to nearly 60 degrees by March 2021 when she had scoliosis surgery.

Fast forward to 2022, Poppy had been told there was a possibility she may never swim again and, having been unable to take part in any sport activities for the last 12 months, the whole family decided they wanted to raise money “for the phenomenal NHS hospital that kept us safe.” They chose to take on a family triathlon, and just look at Poppy now!



*“We were blessed to have two incredible surgeons who performed a miracle in our eyes. Pops had guts and determination in spades, she walked 24 hours after surgery, took everything that was thrown at her, and she was home in six days.”*

- Poppy’s mum Helen





**TIM TAKES  
ON THE LONDON  
MARATHON**

In early October, Tim Brook took on the London Marathon raising a fantastic £738. Tim chose RNOH Charity as his 11 year old daughter Edie has been supported by RNOH since birth and still receives ongoing treatment from Mr Nejad and Miss Tennant.

**OUR  
BUTTERCUP  
CHALLENGERS**

Back in June lots of supporters took part in our Buttercup Challenge weekend raising over £4,000. Some of our favourite challenges included: David who walked from Lands’ End, Hertfordshire, to his home in Edgware, in memory of his wife Pat, raising a fantastic £877. And Evan and Alba who raised £156 by travelling to 25 places with their RNOH teddy.



**THAMES  
BRIDGE TREKKERS**

Charlotte and her colleagues from HSBC joined 2,000 walkers to take on the Thames Bridges Trek for us, raising a fantastic £2,774!



*“We fundraised for RNOH Charity in recognition of the incredible care RNOH gives to Lottie’s daughter. Sienna was born with Developmental Dysplasia of the hips (DDH) and had open reduction hip surgery and follow up surgery at RNOH. The expertise and care Sienna continues to receive is incredible and to support their ongoing work and to help the hospital create the best patient experience we wanted to raise as much as possible for the Charity.”*

- Thames Bridge Trekkers team





# SUPPORT THE RNOH CHARITY

Our mission is to strengthen and support the people, research and infrastructure that make the RNOH one of the world’s best orthopaedic hospitals.

We do this by awarding grants, over and above what the NHS can provide. These go towards pioneering research, state-of-the-art buildings and equipment, and patient and staff wellbeing services.

Everything we fund supports one of our four aims:

- Enhancing the patient experience
- Improving the staff experience
- Investing in clinical research
- Creating a world-class facility



Opposite left, right and centre: Exceptional patient care, support and treatment at RNOH  
Bottom left: The current Spinal Cord Injury Centre day room  
Bottom right: Claire Anderson, who holds a joint Charity and NHS-funded research post to facilitate sarcoma diagnosis research and development

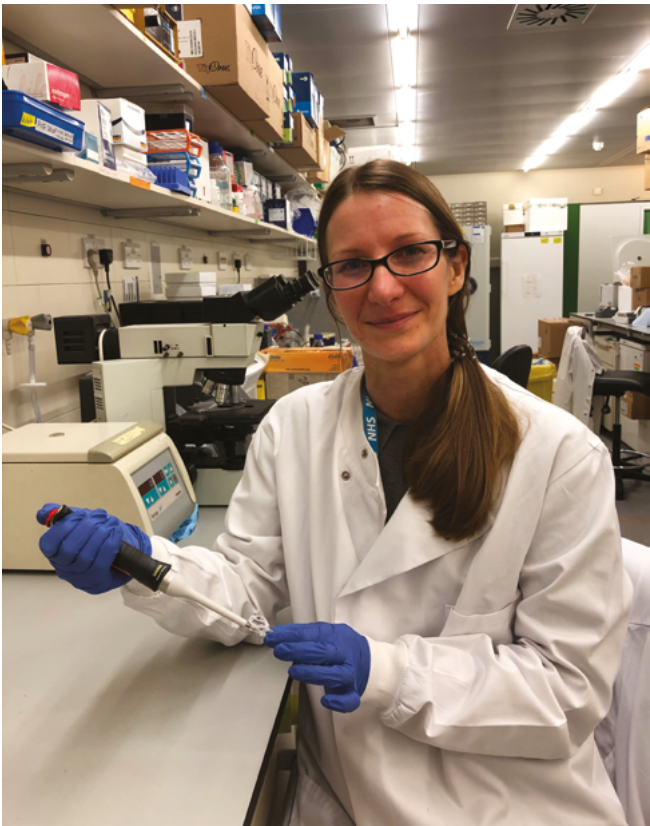


## WE NEED TO RAISE MORE THAN £1 MILLION THIS YEAR.

Your vital support is needed now, so that we can continue to: support essential programmes that help enhance staff wellbeing and morale; fund the valuable Volunteer Service; contribute to crucial research and cutting-edge equipment; and support much-needed redevelopment projects.

Some of the exciting new projects we need to fund include:

- Transforming the Spinal Cord Injury Centre’s day room;
- State-of-the art imaging equipment;
- Further pioneering research and development, that benefits not just RNOH patients but patients around the UK.





# JOIN THE FUNDRAISING FUN THIS YEAR

## SUPERHERO TRI

POWERED BY MARVEL

12th August 2023, Dorney Lake, Windsor

Fancy channelling your inner Thor or Black Panther for the afternoon? Well here's your chance. The Superhero Series is the UK's one and only disability sports series for the everyday Superhero!

Open to all the family, there are no cut-off times and all types of 'gadgets and gismos' are welcome on the course, from adaptive bikes, trikes and baby buggies, to power chairs, blades, race runners and more. Plus, Superheroes can team up with sidekick family and friends to share the work and the fun. And a regular highlight of the day is the Celebrity Superhero Tri, where Superheroes can win the chance to unite with stars from sport and screen.

The only entry requirement is that all solo entrants or at least one team member considers themselves to have a disability of any kind.

We have 18 RNOH Charity places available for the event, so get in touch on [rnoh.charity@nhs.net](mailto:rnoh.charity@nhs.net) to secure yours now.

## IMPOSSIBLE POSSIBLE WEEK 2023

26th June - 2nd July

Pop the date in your diaries and help support our brand new Impossible, Possible Week this year!

We'd love you to support the RNOH Charity by purchasing raffle tickets, taking on a challenge or making a donation.

And Buttercup fans, don't worry; we will still be holding a Buttercup Day as part of the week, where you can purchase a porcelain buttercup, or host your own tea and cake morning.

Keep your eyes on our social media channels and website for all the latest updates.



The RNOH Charity strengthens and supports the people, research and infrastructure that make the RNOH one of the world's best orthopaedic hospitals.

Title:	First Name:	Surname:
Home Address		
Postcode	Date	
Email	Telephone	
I wish to donate (amount) £	Cheque <input type="checkbox"/> please make cheques payable to RNOH Charity	

You can also donate on our website: [rnohcharity.org/donate/donate-online](https://rnohcharity.org/donate/donate-online)

Please debit my: <input type="checkbox"/> Visa <input type="checkbox"/> Mastercard <input type="checkbox"/> Maestro <input type="checkbox"/> CAF card			
Card No.			
Security code	Expiry date / /	Issue No.	
Signature	<input type="checkbox"/> Please post a copy of my card receipt		

A particularly valuable and effective form of support is to make a regular donation.  
If you would like to help in this way, please complete the 'Standing Order' section of the form below.

I wish to make a: <input type="checkbox"/> Monthly <input type="checkbox"/> Quarterly <input type="checkbox"/> Annual	Payment of (amount) £
To the Royal National Orthopaedic Hospital Charity: account number 53406059 – sort code 20-58-51	
Bank name & address	Account Name
	Sort code
	Account No.
Start date / /	End date / / <input type="checkbox"/> Until further notice
Signature	Date / /

To add Gift Aid to your donation, please complete the declaration statement overleaf.





Use Gift Aid and you can make your donation worth even more. For every £1 you give to the RNOH Charity, the Charity can reclaim the tax you pay for the current tax year and receive an extra 25p from HM Revenue & Customs.

**To Gift Aid your donation(s), you must tick the box below:**

☐ I want to Gift Aid my donation of £\_\_\_\_\_ and any donations I make in the future or have made in the past 4 years to RNOH Charity.

I confirm that I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

**Please sign and date below:**

Signature

Date:        /        /

Please return your form to the Charity at [rnoh.charity@nhs.net](mailto:rnoh.charity@nhs.net) or to the address below.

Please notify the Charity if you:

- want to cancel this declaration
- change your name or home address
- no longer pay sufficient tax on your income and/or capital gains

Additional information:

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

Your privacy is important to us, so if you would like to find out more about how we use your information and communicate with you, you can see full details in our Privacy Policy ([www.rnohcharity.org/rnoh/privacy-policy](http://www.rnohcharity.org/rnoh/privacy-policy)). Alternatively, you can call us on 020 8909 5362 to chat to a member of our team. If you no longer wish to receive communications from the RNOH Charity, please email [rnoh.charity@nhs.net](mailto:rnoh.charity@nhs.net) and let us know.

Please return your donation form to: FREEPOST PLUS RTLG-GXUE-ZZZU, RNOH Charity, Muriel Sands Building, RNOH NHS Trust, Brockley Hill, Stanmore, HA7 4LP



REGISTERED CHARITY NUMBER 1166129

# A GIFT IN YOUR WILL

Since the establishment of RNOH, gifts left in people's wills have been a vital part of the hospital's funding. Today they make it possible for RNOH Charity to improve RNOH's service in numerous ways.

If you are interested in leaving a legacy to RNOH Charity, please contact us. We offer a tailored service to meet your individual needs as a legator, and to thank you for your support in the most appropriate way.

## Make the most of our free will writing service

RNOH Charity offers a free will writing service, so that you can write or update your will free of charge. For generations, writing a will has been a slow, expensive and inconvenient process that usually involved seeing a solicitor. Thanks to RNOH Charity's partnership with Farewill, you can now write your will online, for free, in as little as 15 minutes.

Farewill is the largest will writer in the UK, and has won multiple awards for its service, including National Will Writing Firm of the Year 2019 to 2021 at the British Wills and Probate Awards. Farewill's online service includes expert checking to make sure your wishes are clear.

To write your will for free with Farewill, simply visit [farewill.com/rnohcharity-newsletter](https://farewill.com/rnohcharity-newsletter)

Farewill's online journey makes writing a will quick and easy. However if you have any questions, you can call Farewill on **020 8050 2686**; please note you must tell the Customer Support team you are an RNOH Charity supporter.



*“Between 1968 and 2001 I was an inpatient at Stanmore three times, needing hip replacement and revision surgery as a result of a road accident.*

*The expertise of my orthopaedic surgeons and nurses gave me back my mobility and my ability to lead an active life. At the end of my life, I’m leaving a legacy to RNOH Charity to help fund research and treatment techniques to help future patients resume active lives too.”*

- Jane Chappell  
RNOH Charity legator






A person wearing a blue soccer jersey and white shorts is shown from the waist down. They have a prosthetic right leg. They are balancing on a black and white soccer ball with their right foot. Their left leg is on the ground, wearing a black soccer cleat. The background is a plain, light gray.

# IMPOSSIBLE

We can do the impossible.  
But we can't do it without you.

Connect and keep up to date with the RNOH Charity.

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**Tel:** 020 8909 5362  
**Email:** [rnoh.charity@nhs.net](mailto:rnoh.charity@nhs.net)  
**Web:** [rnohcharity.org](http://rnohcharity.org)



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