

**NHS**

Royal National
Orthopaedic Hospital
NHS Trust

Fundraising Winter 2018/19 newsletter



Historic day arrives

The RNOH's magnificent new hospital building opened its doors to patients on 8 December fusing the latest architectural design and health technology with contemporary art and poems to produce a unique environment for patients and staff.



The Stanmore Building offers the very best ward facilities for patients and allows staff to work in a setting matching their skill and dedication. It comes after a thirty year campaign to replace many of the old ward buildings that date from World War Two.

There are five floors in the new £50 million building, offering the very latest inpatient facilities. Thanks to our generous donors, we have funded a number of elements of the new building which are not affordable within the limits of NHS funding. These include two new therapy gyms, an interactive children's activity centre, a range of enriching artwork and enhancements and equipment for every single bed space.

The RNOH Charity is thrilled to be making such a difference to patients and their families. We have funded enhancements including:

- Fold-down beds next to patients' bedsides for family members
- State-of-the-art overhead hoists and travel systems which will assist our disabled and elderly patients
- Specialist chairs for our patients with scoliosis
- A high-quality entertainment and communication system providing a range of television channels, the internet and Skype facilities
- Pepper, an interactive robot, designed to improve the experience of our young patients
- An outdoor garden and play area for children undergoing treatment
- Beautiful artwork to provide an uplifting experience for our patients

Rob Hurd, Chief Executive of the RNOH, said: "The Stanmore Building is the first step in an exciting future for the RNOH and builds upon an impeccable legacy of innovation in orthopaedics. The spacious new building, patient facilities and stunning art provide a fitting environment to deliver the best care. The support and enthusiasm shown by the staff, patients and supporters – both past and present – has brought us here and I want to say, on behalf of the RNOH, thank you. Without them, we could not have done it. We intend to be here for at least another 100 years, putting patients first, always."

Inspirational art



Studies show that art in healthcare environments has a number of positive therapeutic and medical outcomes for patients. These include a reduction in stress, depression and anxiety, reduced blood pressure, lowered pain intensity, and a reduced intake of medication. Carefully chosen artwork can also make the environment a more pleasant one for staff, which in turn has a positive impact on morale.

Inspired by these benefits to patients and staff, The RNOH Charity is delighted to have commissioned a selection of tailored artwork to provide an uplifting and aesthetically pleasing environment in the new hospital building.

In the atrium, a beautifully crafted

installation, called Tribe, hangs from the ceiling. Designed and fabricated by Studio Roso, Tribe is 33ft long and is made up of 50 colourful heads, modelled on a diverse range of RNOH staff and patients (including HRH Princess Eugenie, the Charity's Appeal Patron).



Photo courtesy of Sandra Ciampone

Professor Anthony Goldstone, Chair of the RNOH and the Arts Committee, commented: **“This stunning artwork brings the new inpatient ward block to life. It gives the block’s atrium space colour and vibrancy; as such, it will provide patients and staff with an uplifting environment and a welcome distraction from the clinical setting. The Trust is hugely grateful to The RNOH Charity for funding both the installation and a range of other artworks for the new ward block.”**

A book becomes a building



Artist, illustrator and writer Jackie Morris, in collaboration with poet Robert Macfarlane and designer Alison O'Toole, have created stunning wall designs for the new ward block based on the book *The Lost Words*. Robert's poems, combined with Jackie's exquisite paintings of the natural world, form a narrative through the building which, in Jackie's words, create an environment 'alive with detail, light and life'.

Each level in the hospital has its very own colour scheme and identity which will dramatically improve wayfinding for patients and their families while providing a nurturing and restorative environment.

Robert was overwhelmed when he recently visited the new building, commenting: "I went to the Royal National Orthopaedic Hospital, where four new levels including the children's ward now carry *The Lost Words*. Goldfinches charming down corridors, starlings murmuring, herons flying to roost, a book becomes a building..."

Children's activity centre



Thanks to the incredible generosity of one of our donors, The RNOH Charity has been able to fund a children's activity centre on the ground floor of the new hospital building. The activity centre is fitted out with a range of interactive technological equipment, including light machines and kaleidoscopes plus a huge concave stainless steel mirror that creates a stunning visual and aural effect. Designed by Muf Architecture, this is a wonderful educational space for young patients and visitors.

Our volunteers

The RNOH Charity is proud to fund the volunteer service at the RNOH, which started life in 2015. We are delighted to say that there are nearly 200 volunteers who assist both patients and staff at the RNOH. One of the more recent volunteer initiatives has been the creation of a gardening team who have worked tirelessly to plant attractive and welcoming green areas around the hospital.



The award-winning buggy service also goes from strength to strength. Since its inception it has transported over 55,000 patients around the hospital site.

Our **AMAZING** fundraisers



Dacorum Dash

In June, one of our patients, Pushpa Kalubowia, hosted a community event in her home town of Hemel Hempstead – The Dacorum Dash. Participants were invited to walk 2k, 5k or 10k around Hertfordshire to raise money for The RNOH Charity. As well as the walk, there was an Indian drumming demonstration, belly dancing and a delicious array of food. The event raised an amazing £5,437.

David Holmes Cricket Cup

Since the first David Holmes Cricket Cup in 2009, the event has raised over £100,000 for The RNOH Charity. At this year's event David's friends and family enjoyed live music, a bouncy castle, soft play, face painting, a raffle, an auction, and the main event: the Gryffindor vs Slytherin cricket match. This year Gryffindor won the cup, and the event raised an incredible £15,000. This money will fund a range of specialist equipment for a patient room in the new ward block.



Therapists take on the Welsh 3000s

In October a group of RNOH physiotherapists took part in the Welsh 3000s Challenge in aid of The RNOH Charity. The Challenge required the team to reach the top of all 15 mountains over 3000ft in Wales within the space of 24 hours, without using any form of transport. The team have raised over £6,000 to be put towards the creation of a beautiful garden for patients with spinal cord injuries.

Ladies who lunch raise over £10,500 for new equipment

A group of ladies, known as LBD (*Living By Doing*), organised a spectacular fundraising lunch at the VIP Lounge, Edgware, in October. The event included a sit-down lunch, a raffle and an auction, and raised £10,509 for specialist equipment to benefit our young patients at the RNOH. Amongst the guest speakers was inspirational patient Sasha Burrell, who contracted sepsis in February 2016, just after her 12th birthday. As a result her feet were amputated the following month. Sasha was referred to the RNOH to be measured and prepared for prosthetics. Sasha's moving story touched all who attended the lunch as she explained the RNOH's vital role in enabling her to live life to the full, even going on to win medals in national trampolining competitions using her junior blades.





DONATION FORM

We raise money to help the Royal National Orthopaedic Hospital provide the best patient care, and to support the hospital's pioneering work in orthopaedic research and education. You can support The RNOH Charity in many ways. One way is to complete this form and send it to the address overleaf.

Name	
Address	
Postcode	Telephone
Email	Date / /

I wish to donate (amount)

Cheque Please make cheques payable to The RNOH Charity

Please debit my Visa MasterCard Maestro CAF card

Card No.	
Start Date /	Expiry Date /
Security Code <small>(see card reverse)</small>	Issue No. <small>(Maestro only)</small>
Signature	

Standing Order

I wish to make a monthly quarterly annual payment of £

Account Name

Bank Name & Address

Sort Code

Account No.

Commencing

/ /

until further notice

Signed

Date / /





DONATION FORM

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Use Gift Aid and you can make your donation worth even more. For every £1 you give to us we will be able to reclaim the tax on your donation and receive an extra 25p from HM Revenue & Customs.

I would like to Gift Aid my donation and any future donation I make until I cancel this instruction.

Please tick <input type="checkbox"/>	Date / /
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I understand that to qualify for Gift Aid I must pay an amount of Income Tax and/or Capital Gains Tax at least equal to the tax that the Charity, and any other charity I donate to, reclaim on my donations in the appropriate tax year.

I would like to designate my donation towards the following:

- where most needed other (please specify)

Please send me information on the following:

- How to share my story for use in our publicity materials
- Organising my own fundraising event
- Participating in a charity run
- Taking part in an overseas challenge event
- Getting my school or company involved
- Giving a gift in my will

Please return to:

FREEPOST RTLK-GXUE-ZZZU
Tamsin Roberts
The RNOH Charity
Muriel Sands Building
Brockley Hill
Stanmore
HA7 4LP

I do not require a thank-you letter

By ticking this box you will help The RNOH Charity reduce administration and postage costs.

The RNOH Charity is extremely grateful for any donation you are able to give. To make your donation go further we will not be sending thank-you letters for donations of £20 and under. If, however, you require a thank-you letter for your records, please get in touch.

If you are not already on The RNOH Charity's database and would like to consent to receiving occasional updates from us, please tick the relevant boxes below:

- Yes, I would like to receive The RNOH Charity's annual newsletter by post
- Yes, I would like to receive all updates from The RNOH Charity by post
- I am happy to be emailed. My email address is:



Wedding day joy for our Royal Patron

It was an honour for The RNOH Charity to be part of Princess Eugenie's wedding on Friday 12 October. Princess Eugenie is a loyal and dedicated Patron who has clearly demonstrated what the RNOH signifies to her. HRH is an inspiration to many people affected by scoliosis and shows what can be achieved by those with the condition. We have been overwhelmed by everyone's response to HRH's wedding, from patients telling us their stories and sharing their scars, to donations from people all over the country to help continue our life-changing work. We are delighted to have Princess Eugenie as our Appeal Patron and wish her and Jack a long and happy life together.



Photo courtesy of Getty Images

London Irish Ward Appeal success

The London Irish Ward Appeal has raised £616,255 to fund all specialist equipment, furnishings, nurses' stations, staff rooms and clinical areas for one of the adult acute wards in the new hospital building. Our huge thanks to Tim Kelly, Chairman of the Kelly Group, who ran this successful campaign in collaboration with a group of prominent London-based Irish business leaders.



Buttercup Walk

Our annual Buttercup Walk took place on Saturday 23 June and was opened by consultant orthopaedic surgeon Mr Aresh Nejad, and ex-patient Adam Simpson. Adam first came to the hospital in 2003 and has attended all 16 Buttercup Walks with his family.

Staff, patients and visitors participated in the one-mile sponsored walk through the grounds of the hospital, and enjoyed craft stalls, delicious food and children's activities. Medivet Stanmore supported this year's dog show, Radio Brockley



were once again the voice of the Walk, and toe-tapping band Fox River Conspiracy provided the musical entertainment. The event raised nearly £20,000, with all funds going directly towards the improvement of patient care at the RNOH.

Thank you!

A huge thank you to our terrific supporters who have overwhelmed us with their generosity this year!



Calling all runners!

Do you like running? If so, would you consider taking part in a running event to raise money for The RNOH Charity? We have 10 guaranteed places in the Royal Parks Half Marathon on 13 October 2019 so please contact our team if you're interested.

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If you would like to support the Charity in its vital work, please contact us:

Fundraising and Development Department,

The RNOH Charity, Royal National Orthopaedic Hospital, Brockley Hill, Stanmore, Middlesex, HA7 4LP.

Tel: 020 8909 5362 **Email:** rnoh.fundraising@nhs.net **Web:** rnohcharity.org



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