



Royal National  
Orthopaedic Hospital  
NHS Trust

# Fundraising Spring 2018 newsletter



## Building work on new inpatient ward block gathers momentum

The countdown has begun for the opening of the new inpatient ward block, due for completion in 2018! The block will contain a children and young people's ward, two adult acute wards, a children's activity centre and a private patient unit.

The redevelopment of the RNOH's Stanmore site was finally approved in August 2016 and since then construction work has forged ahead with impressive speed. The main portion of the project is being funded with monies the RNOH will receive when the surplus land on the west of the Stanmore site is sold for residential redevelopment. However, The RNOH Charity is a key partner in funding a number of essential elements of the new block including the equipment for every single bed space, a children's activity centre and equipment for two therapy gyms. During a visit to RNOH Stanmore, Lord Prior, the

Minister for NHS Productivity, said: "I am delighted that the RNOH will finally have buildings and facilities that match the world-class clinical care they deliver to patients. The crucial work they carry out, from complex surgery and rehabilitation to cutting-edge research and clinical training, is shaping the future of orthopaedics in the UK and around the world. The first phase of the redevelopment will give patients the very best ward facilities and allow staff to work in an environment that matches their expertise."

We eagerly await the opening of our new hospital building in the autumn of 2018.



# HRH Princess Eugenie opens Spinal Cord Injury Centre expansion

Patients and staff in the Spinal Cord Injury Centre (SCIC) were treated to a visit from HRH Princess Eugenie of York on 7 July, as she officially opened the impressive new wing of this world-renowned treatment centre. A grant of over £500,000 from The RNOH Charity has enabled the SCIC to construct an extra six patient bed spaces, and purchase a range of specialist furnishings and equipment for the expanded Centre. This has enabled the hospital to treat many more spinal cord-injured patients than was previously possible, reducing waiting times by as much as 30%.

During her visit, Princess Eugenie was given a tour of the new wing, and talked to many of the Centre's patients. She learned how they sustained their injuries, and the ways in which the SCIC has helped them to recover, and to regain their independence.

Before she officially opened the new wing, Princess Eugenie praised the SCIC's staff and paid tribute to the incredible resilience of the patients she met. She said: "The RNOH's Spinal Cord Injury Centre is a centre of excellence, and is internationally renowned for the quality of its care. I have had an opportunity to meet some of the staff who run the unit and have been impressed by their dedication and sensitivity. Their patients are given round-the-clock care, and each of their individual needs is catered for. This expansion means that the Centre will be able to offer its package of world-class rehabilitation to many more people per year than it was able to previously."



We were delighted to welcome the President of Malta, H.E. Marie-Louise Coleiro Preca, to the RNOH in November. The President was given a briefing on our latest developments and a tour of the hospital. She was introduced to a Maltese staff member and met one of our patients, John, in Ward 4. We are proud of our working partnership with Malta and would like to thank the President for her kind donation to The RNOH Charity.





# London Irish Ward Appeal surpasses £600,000

The London Irish Ward Appeal was launched in June 2016 by Tim Kelly, the Chairman of the Kelly Group, with the aim of raising £480,000 to fund all the specialist equipment and furnishings for one of the adult acute wards in the new inpatient ward block. We are delighted to announce that to date this fundraising campaign has raised over £600,000 through a variety of different events, including a celebrity snooker evening, a charity golf day and a gruelling cycle challenge covering over 300 miles from Stanmore to Dublin and culminating in a spectacular dinner. Our huge thanks to Tim Kelly and the Kelly Group for their overwhelming support.



## Buttercup Walk 2017

Hundreds of walkers came out to support The RNOH Charity's 15th Anniversary Buttercup Walk, raising £26,000 for brand new hospital equipment.

The walk was led by our amazing 96-year-old Buttercup Walk hero, Mary Tye, whose determination and positivity shone through as she took the first few steps of our one-mile route. Mary, who was treated at the RNOH for a spinal cord injury eight years ago, was excited to lead the way, saying, "You should never let life get you down. Just keep your head held high and focus on what's important: living life to the full. I want to show other spinal cord-injured patients that if I can do it, then they can too."

Accompanied by some great live music from local Barnet band, The Rockin' Bones, the walkers refreshed themselves after their efforts with handmade juices from Swig and Filly's reclaimed vintage horse cart, and relaxed in the sunshine. Younger participants took advantage of the go-kart racing course, and the



bouncy castles and mega slide proved as popular as ever. Stagecoach Harrow and Wealdstone's Performance Troupe also made an appearance, and the barbecue rounded the day off nicely.

Buttercup Walk funds have recently been used to purchase a state-of-the-art fluoroscopy machine, which has transformed the way our patients are treated. This couldn't have been done without our walkers' fantastic support.

**We look forward to seeing you at the next Buttercup Walk, which will be held for the first time on a Saturday! Please make sure you keep Saturday 23 June 2018 free.** If you would like to enter now, please visit [rnohcharity.org](http://rnohcharity.org) or email [rnoh.buttercupwalk@nhs.net](mailto:rnoh.buttercupwalk@nhs.net).

# Our volunteers

The RNOH Charity is delighted to fund the volunteer service at the RNOH so far committing over £200,000 to this invaluable service. The programme has gone from strength to strength since it was introduced in 2015 as our 'fellows in yellow' continue to assist both patients and staff at the RNOH. Exciting volunteer initiatives include:

- Mealtime buddies project – our volunteers engage with patients during lunch and dinner to encourage eating and drinking.
- Bedside trolley service – affectionately known as 'The Chocolate Chariot', volunteers visit all wards offering a selection of newspapers and confectionary.
- Art programme – our art volunteers are in such demand that a new role has recently been developed in the Spinal Cord Injury Centre building on the success of art volunteers on the rehabilitation ward.
- Charity-funded buggies – so far our patient buggies have transported over 26,000 patients across the Stanmore site.

The RNOH Charity is always looking for volunteers to help out in the Fundraising and Development office. From administration to helping at our events, whatever your skills, please contact us to find out more at [rnoh.fundraising@nhs.net](mailto:rnoh.fundraising@nhs.net).



## BADGES

**Stop press! Patient badges will soon be available for anyone receiving treatment at the RNOH. A former RNOH consultant has pioneered this fantastic new initiative which was first thought of by one of his patients – the creation of a badge patients can wear in public to show they are having treatment at the RNOH and care is needed. The badges will be rolled out in 2018.**



## Redevelopment Appeal update

Thanks to the incredible generosity of our loyal donors, The RNOH Charity is excited to be funding a number of essential elements of the new inpatient ward block, including:

- Enhancements and equipment for every single bed space in the children and young people's ward.
- A children's activity centre to be enjoyed by our young patients and visitors.
- Enhancements and equipment for every single bed space in one adult acute ward.
- Equipment for two therapy gyms to assist our patients' rehabilitation.
- The infrastructure for a new private patient unit.

However, we still need additional funding for the following:

- Enhancements and equipment for every single bed space in the second adult acute ward.
- A range of uplifting artwork to enhance the environment.
- Fitting out and equipping the new private patient unit to generate vital funds for the RNOH and help sustain the long-term future of our hospital.

All these enhancements are not affordable within the limits of NHS funding, but will dramatically improve both the comfort of our patients and the quality of their care. They will also provide a significantly more pleasant working environment for RNOH staff. Please complete the donation form opposite if you would like to support us. Alternatively, call the Fundraising and Development office if you would like further details on our Appeal.





## DONATION FORM

We raise money to help the Royal National Orthopaedic Hospital provide the best patient care, and to support the hospital's pioneering work in orthopaedic research and education. You can support The RNOH Charity in many ways. One way is to complete this form and send it to the address overleaf.

Name

Address

Postcode

Telephone

Email

Date / /

I wish to donate (amount)

Cheque ☐ Please make cheques payable to The RNOH Charity

Please debit my ☐ Visa ☐ MasterCard ☐ Maestro ☐ CAF card

Card No.

Start Date /

Expiry Date /

Security Code  
(see card reverse)

Issue No.  
(Maestro only)

Signature

A particularly valuable and effective form of support is to make a small regular donation. If you would like to help in this way, please complete the 'Standing Order' section of the form below.

Standing Order ☐

I wish to make a monthly ☐ quarterly ☐ annual ☐ payment of £

to: The RNOH Charity Account,  
Barclays Bank, 126 Station Road, Edgware, Middlesex, HA8 7RY  
Sort Code: 20-29-37 Account No: 80756539

Account Name

Bank Name & Address

Sort Code

Account No.

Commencing

/ /

until further notice

Signed

Date / /





## DONATION FORM

*giftaid it*

Use Gift Aid and you can make your donation worth even more. For every £1 you give to us we will be able to reclaim the tax on your donation and receive an extra 25p from HM Revenue & Customs.

I would like to Gift Aid my donation and any future donation I make until I cancel this instruction.

Please tick <input type="checkbox"/>	Date                      /                      /
--------------------------------------	--

I understand that to qualify for Gift Aid I must pay an amount of Income Tax and/or Capital Gains Tax at least equal to the tax that the Charity, and any other charity I donate to, reclaim on my donations in the appropriate tax year.

I would like to designate my donation towards the following:

☐ where most needed   ☐ other (please specify)

Please send me information on the following:

☐ Fundraising events

☐ Gift in your will

☐ In memoriam gifts

☐ Schools fundraising

**Please return to:**

FREEPOST RTLK-GXUE-ZZZU

Tamsin Roberts

The RNOH Charity

1st Floor Muriel Sands Building

Brockley Hill

Stanmore

HA7 4LP

I do not require a thank-you letter ☐

*By ticking this box you will help The RNOH Charity reduce administration and postage costs.*

The RNOH Charity is extremely grateful for any donation you are able to give. To make your donation go further we will not be sending thank-you letters for donations of £10 and under. If, however, you require a thank-you letter for your records, please get in touch.

If you would prefer not to receive information about The RNOH Charity please tick here ☐

### Protecting your privacy

As the countdown begins to the General Data Protection Regulation (GDPR) taking effect in May 2018, we would like to reassure you that any personal information we have will always be held, used and otherwise processed in line with the most up-to-date regulation. Our Privacy Policy can be viewed at [rnohcharity.org/rnoh/privacy-policy](http://rnohcharity.org/rnoh/privacy-policy). Please do not hesitate to get in touch if you would like further information about our compliance with GDPR at [rnoh.fundraising@nhs.net](mailto:rnoh.fundraising@nhs.net).



# Our AMAZING fundraisers:



## The David Holmes Cricket Cup

The ninth annual Cricket Cup took place in August and was organised by Appeal Ambassador David Holmes, raising a staggering £9,800 for the Spinal Cord Injury Centre.

David is a former stuntman who was treated at the RNOH after sustaining an acute spinal cord injury on the

set of Harry Potter and the Deathly Hallows. Since 2009 he has hosted the Cricket Cup as a way of saying thank you for the treatment he received at the hospital. Our heartfelt thanks to David for raising £100,000 for the Spinal Cord Injury Centre over the past nine years.



## Double challenge success

Ian Wiseman's daughter was diagnosed with scoliosis back in September 2016 and required major spinal surgery to prevent the curvature from progressing and seriously affecting her internal organs. Her operation in March 2017 was a

huge success and Ian decided to participate in the Southend Half Marathon and the Three Peaks Challenge to give something back to the hospital. We are so grateful to Ian for raising over £1,500 for The RNOH Charity.



## Kilimanjaro trek

At the age of 23 Abi Lloyd was diagnosed with a bone tumour which completely turned her life upside down.

After an extensive amount of time at the RNOH, Abi wanted to give

something back to say thank you for her excellent treatment and care. So she decided to climb Kilimanjaro in September and raised a tremendous £4,000 for the new inpatient ward block.



## Staff support our charity

Two staff members have shown their dedication to the RNOH by taking part in events to raise money for The RNOH Charity.

In April, Diane Young, The RNOH's Involvement and Volunteer Lead, took part in the Isle of Wight Challenge, completing a scenic trek

of the island. In November nurse Mary Byrne raised money for The RNOH Charity by taking part in a two-mile swimming challenge wearing different RNOH nursing uniforms. Between them they have raised nearly £2,000 for our vital work.

# Thank you!

Marathons, treks, golf days and cake sales... as always, our supporters have gone to incredible lengths in 2017 to raise funds for The RNOH Charity. To date we have raised over **£7.1 million** towards our Redevelopment Appeal target.

Warmest thanks to you all, from everyone at The RNOH Charity.



Don't forget we have a selection of Charity merchandise in the Outpatient Department shop or direct from our office. Come and take a peek to see what's on offer!



## weneedyourhelp

If you would like to participate in a run, walk, organise an event in aid of the RNOH, or would just like to make a donation to the Charity, please contact us:

**Fundraising and Development Department,**

The RNOH Charity, Royal National Orthopaedic Hospital, Brockley Hill, Stanmore, Middlesex, HA7 4LP.

**Tel:** 020 8909 5362 **Email:** [rnoh.fundraising@nhs.net](mailto:rnoh.fundraising@nhs.net) **Web:** [rnohcharity.org](http://rnohcharity.org)



@thernohcharity



[facebook.com/thernohcharity](https://facebook.com/thernohcharity)



Registered with  
**FUNDRAISING  
REGULATOR**

 **MAKE IT  
POSSIBLE**  
[makeitpossible.org.uk](http://makeitpossible.org.uk)



Registered Charity  
Number 1166129