



Royal National Orthopaedic Hospital
NHS Trust



Fundraising Spring 2017 newsletter



Building work begins at the Royal National Orthopaedic Hospital!

We are thrilled to announce that after 30 long years of waiting the redevelopment of the RNOH's Stanmore site has finally been approved. Construction work started on the £50 million new inpatient ward building in September 2016 and will be completed by the summer of 2018.

The new inpatient ward building will accommodate up to 123 beds – a children and young people's ward and two adult acute wards, with the top floor still in the early planning stage. All wards will have designated therapy services and socialising spaces. The main entrance will include reception, a retail outlet, a coffee bar and a children's activity centre.

The funding secured for this redevelopment will only cover the cost of a basic NHS orthopaedic hospital, with standard equipment and no enhanced features. This is why The RNOH Charity's £15 million Redevelopment Appeal is so vital. Appeal funds will purchase additional medical facilities and equipment

so that the RNOH can continue to offer patients an outstanding service and allow staff to work in an environment that matches their skill and dedication.

To date the Redevelopment Appeal has raised a staggering £6.4 million to fund a huge number of projects that will dramatically enhance the patient experience. These projects include a new children's activity centre, state-of-the-art medical equipment for two new adult acute wards, an expansion of the hospital's Spinal Cord Injury Centre, the very latest equipment for two new therapy gyms, high-tech imaging equipment, and specialist facilities for the new children and young people's ward.



London Irish Ward Appeal to fund new adult acute ward at the RNOH

We are excited to announce the successful launch of a new fundraising appeal. The London Irish Ward Appeal, led by Tim Kelly, will form part of The RNOH Charity's Redevelopment Appeal, and aims to raise £480,000 to fund specialist equipment and furnishings for one of the new adult wards.

The launch event, for over 250 guests, was held at Kelly's Bar in Hendon Central on 30 June 2016. It was a hugely successful evening, raising £245,605 in pledges, donations and sponsorship. A race night followed and raised a further £19,000. Many generous supporters have donated to the Appeal and the current total now stands at an incredible £464,912.

The London Irish Ward Appeal committee members are planning other fundraising events including a pool challenge event with Jimmy White on 2 March 2017, a cycle challenge to Dublin in May 2017 and a golf day in June 2017.

We would like to thank Tim Kelly and the Kelly Group for their significant contribution to the hospital. Thanks to their generous support and the support of the London Irish group, we will be able to transform the lives of so many more patients.



For further details about the London Irish Ward Appeal, please visit:
<http://uk.virginmoneygiving.com/RNOHAppeal-LondonIrishWard>



BUTTERCUP WALK Success

The sun shone for this year's Buttercup Walk as hundreds of supporters turned out to take part in the one-mile sponsored walk through the hospital grounds, raising £43,000 for the RNOH. Our Buttercup Walk Hero, Maria Mirto, led the way in her bright yellow sash, showing everyone her amazing recovery since being treated at the RNOH for a bone tumour just a few years ago. Since then, Maria has taken on the Brighton Marathon twice as well as the Brighton Half Marathon and hopes to take part in the marathon again in the future for the RNOH.

The dog show returned for another year and

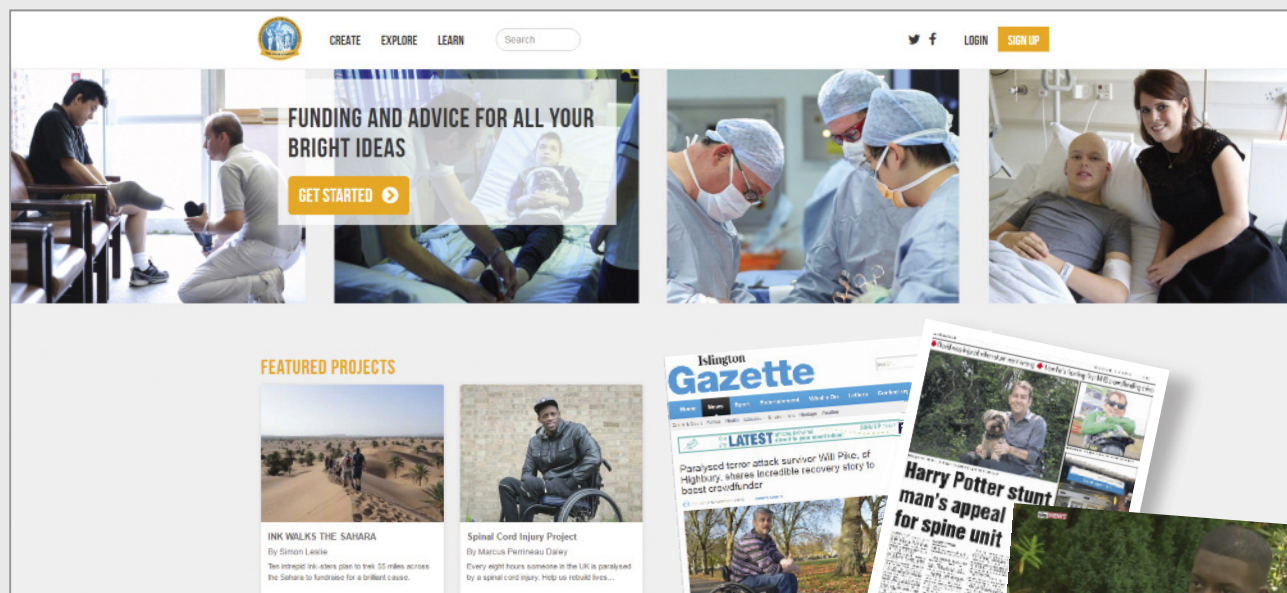
attendees were also treated to a performance from our local Stagecoach troupe, as well as great live music by the Fox River Conspiracy band that had everyone dancing. The gladiator joust proved to be popular – parents took on children, siblings took on each other, and we even had some staff getting involved!

Thank you to everyone who made the day such a success!



The RNOH Charity pioneers bespoke crowdfunding platform

September 2016 saw the launch of the UK's first ever NHS charity crowdfunding platform. The RNOH Charity unveiled its very own crowdfunding platform, in order to raise funds for innovative projects that will improve the experience of RNOH patients. The platform is open to RNOH staff, patients, and anyone who has an interest in improving the treatment of musculoskeletal conditions.



We are delighted to say that the launch project raised over £400,000 to fund the expansion of the RNOH's Spinal Cord Injury Centre (SCIC). The SCIC treats over 2,000 patients annually from across the UK, providing specialist services that local hospitals cannot offer. Unfortunately spinal cord-injured patients are turned away at particularly busy times because the SCIC is not big enough to meet the demand for its services.

The expansion will enable the SCIC to accommodate an extra two single patient rooms and two double-bedded bays, which will allow the RNOH to treat many more spinal cord-injured patients – quadriplegic patients, tetraplegic patients, and those whose injuries are so serious they need ventilators to breathe.



"My time at Stanmore was a cornerstone of my recovery. Stanmore taught me how to survive with a new life. Because of lack of expertise where I was originally, I developed avoidable complications such as bladder problems and pressure sores. I lay hopelessly in my bed, hoping that I would be transferred to Stanmore. If this is happening to other patients, it's simply not on."

Thank you to everyone who has contributed so generously to the SCIC expansion project. In particular, huge thanks to Marcus Perrineau Daley for putting so much effort into making this campaign a success. Marcus has been the face of this campaign and his story, which has resonated with so many of our patients and supporters, has been shared across major news outlets, by local press, and in our original campaign video. We would also like to say a big thank you to our Appeal Ambassador David Holmes for all of his hard work promoting the campaign. David has shared his story on numerous occasions and continues to raise money himself so that spinal cord-injured patients can receive the same care from which he benefitted. Thanks also go to past patients Will Pike, Dimitri Coutya, Harry Langley, and Paul Rose who all allowed us to share their stories and experiences so that we could prove just how essential this expansion was. We would also like to thank ten intrepid individuals (known as the 'Ink-sters') who trekked 55 miles across the Sahara desert in October and raised over £10,000 for the SCIC expansion.

How **you've** helped our patients...

A fleet of new wheelchairs for the Spinal Cord Injury Centre

The RNOH Charity funded £10,000 worth of new wheelchairs with head array driving options for the Spinal Cord Injury Centre, replacing less sophisticated models which did not have independent mobility features.

"The new wheelchairs are fantastic. We set up one of our patients in one, a young man with no movement from his shoulders down. Before the wheelchair arrived he was dependent on others to push him around in a manual wheelchair. Now he is using the head controls to drive himself around the ward, to the gym and into the garden by himself. Using the power wheelchair has made him smile, laugh and engage with the other patients. It is a special gift that we will be able to offer this independence to him and our future patients with the most devastating of injuries."

Emma Linley, Clinical Specialist Occupational Therapist and Team Lead, Spinal Cord Injury Centre



The launch of the RNOH equipment library

Using a grant of £100,000 from The RNOH Charity, Clinical Support Services have been able to set up a much-needed new equipment library in a major upgrade of hospital equipment.

"The purchase of the new devices funded by the Charity has enabled the launch of our medical equipment library. Collectively they are providing an increase of clinical confidence and improved patient care by improvements in accuracy, safety and reliability, and assurance of their availability 24 hours a day, seven days a week throughout the year."

Mike Giles, Operations Manager, Clinical Support Services



The new volunteer services

After funding the first successful year of a new volunteer service programme at the RNOH, The RNOH Charity is delighted to continue supporting this fantastic initiative as it develops and expands. Working from the outpatient department, our volunteers help to keep things running smoothly by providing assistance to both patients and staff. From helping to reduce queuing times to running errands, the volunteers proactively engage in helping to give our patients a great experience of our services. New roles have recently been created, including mealtime buddies, SCIC welcomers and an arts programme volunteer.

"All the paid staff are wonderful but the unpaid volunteers are essential for all the little extras that enhance the patient experience."

RNOH patient



Brand new buggy service

Thanks to a grant of £11,500 from The RNOH Charity a new patient buggy service has been launched this year at the hospital. The Charity supported this initiative by funding a buggy, radios, general equipment, and staff support. This invaluable service is helping patients navigate the extensive hospital site with ease. Since the launch of the service it is estimated that over 3,000 patients have been transported around the hospital site.





DONATION FORM

We raise money to help the Royal National Orthopaedic Hospital provide world-class care for patients with musculoskeletal conditions, and to support the hospital's pioneering work in orthopaedic research and education. You can support The RNOH Charity in many ways. One way is to complete this form and send it to the address overleaf.

Name

Address

Postcode

Telephone

Email

Date / /

I wish to donate (amount)

Cheque ☐ Please make cheques payable to The RNOH Charity

Please debit my ☐ Visa ☐ MasterCard ☐ Maestro ☐ CAF card

Card No.

Start Date /

Expiry Date /

Security Code
(see card reverse)

Issue No.
(Maestro only)

Signature

A particularly valuable and effective form of support is to make a small regular donation. If you would like to help in this way, please complete the 'Standing Order' section of the form below.

Standing Order ☐

I wish to make a monthly ☐ quarterly ☐ annual ☐ payment of £

to: The RNOH Charity Account,
Barclays Bank, 126 Station Road, Edgware, Middlesex, HA8 7RY
Sort Code: 20-29-37 Account No: 80756539

Account Name

Bank Name & Address

Sort Code

Account No.

Commencing

/ /

until further notice

Signed

Date / /



DONATION FORM

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Use Gift Aid and you can make your donation worth even more. For every £1 you give to us we will be able to reclaim the tax on your donation and receive an extra 25p from HM Revenue & Customs.

I would like to Gift Aid my donation and any future donation I make until I cancel this instruction.

Please tick ☐

Date

/

/

I understand that to qualify for Gift Aid I must pay an amount of Income Tax and/or Capital Gains Tax at least equal to the tax that the Charity, and any other charity I donate to, reclaim on my donations in the appropriate tax year.

I would like to designate my donation towards the following:

☐ where most needed ☐ other (please specify)

Please send me information on the following:

☐ Fundraising pack

☐ Fundraising events

☐ Give in celebration

☐ Gift in your will

☐ In memoriam gifts

☐ Schools fundraising pack

☐ Redevelopment updates

Please return to:

FREEPOST RTLK-GXUE-ZZZU

Tamsin Roberts

The RNOH Charity

1st Floor, Muriel Sands Building

Brockley Hill

Stanmore

HA7 4LP

Telephone: 020 8909 5362

Email: fundraising@rnoh.nhs.uk

Web: www.rnohcharity.org



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I do not require an acknowledgement ☐

By ticking this box you will help the RNOH Charity reduce administration and postage costs.

If you would prefer not to receive information about The RNOH Charity please tick here ☐



Our **AMAZING** fundraisers:

The David Holmes Cricket Cup

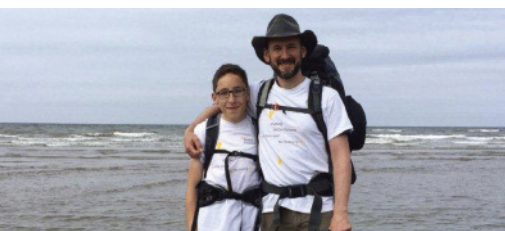


Sunday 11 September saw the return of our Appeal Ambassador David Holmes' eighth annual Cricket Cup.

David is a former stuntman who was treated at the RNOH after sustaining an acute spinal cord injury on the set of Harry Potter and the Deathly Hallows. Since 2009 he has hosted the Cricket Cup, in aid of The RNOH Charity, as a way of saying thank you for the treatment he received at the hospital. This year, David,

alongside his friends and family, raised an incredible £6,700! We'd like to say a huge thank you to Amy Stares and everyone else that helped to organise the day as well as to all those who attended and made it such a fun occasion. We're incredibly grateful to David for his continued support. All of the money raised has gone towards the expansion of the RNOH's Spinal Cord Injury Centre.

Coast to Coast trail



After undergoing frequent operations at the RNOH from the age of three to correct scoliosis, Ben Andrews wanted to raise money for the hospital that had taken such good care of him. He set himself the challenge of

walking the Coast to Coast trail – a gruelling 192-mile trek that would take him and his dad, Richard, 14 days to complete. Ben raised over £2,600 for the RNOH's new children's ward, for which we are extremely grateful.

Scenic Scramble

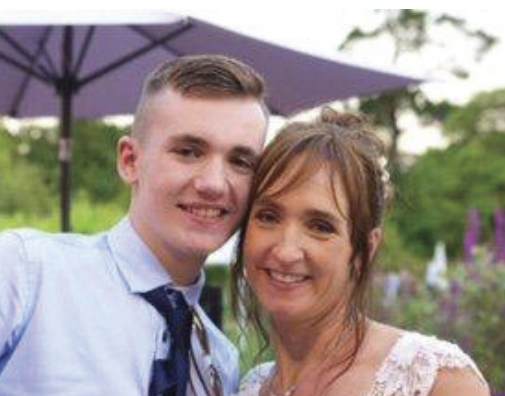


In July 2006, life changed in a split second for Sue Cogger's son, Chris, after a freak accident left him paralysed from the chest down.

On the tenth anniversary of his accident, in recognition of both Chris and the hospital that looked after him so well, Sue took on an

incredible challenge which saw her climbing a mountain in the Lake District. She covered 22.88 miles, took 54,097 steps, and raised over £3,000 for The RNOH Charity in the process! Our warmest thanks to Sue for raising such a terrific amount of money.

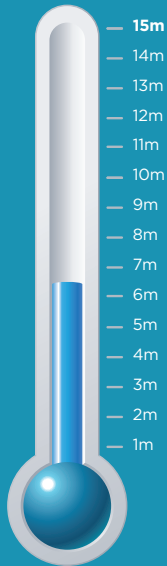
Wedding bells ring out for the RNOH



Kim Russell's son, Seb, was born with a bone condition called hereditary multiple exostoses.

As Seb grows, extra pegs of bone grow out of his joints, causing pain, deformity of other bones, and restricted movement in certain joints. Seb has undergone numerous operations at the RNOH during the past 16 years to remove these pegs of bone or correct deformities which they have caused. Kim

wanted to give something back to the hospital that had given him such fantastic treatment, and over the years has taken part in numerous events to raise a wonderful amount of money for The RNOH Charity. This year Kim and her fiancé decided to ask guests at their wedding to make a donation to the Charity instead of giving them a wedding present. They have raised over £1,000, which is fantastic!



Thank you!

Marathons, treks, cycle challenges and dance-athons... as always, our supporters have gone to incredible lengths in 2016 to raise funds for The RNOH Charity. To date we have raised over £6.4 million towards our £15 million Redevelopment Appeal target.

Warmest thanks to you all, from everyone at The RNOH Charity.



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If you would like to participate in a run, walk, organise an event in aid of the RNOH, or would just like to make a donation to the Charity, please contact us:

Fundraising and Development Department,

The RNOH Charity, Royal National Orthopaedic Hospital,
Brockley Hill, Stanmore, Middlesex, HA7 4LP.

Tel: 020 8909 5362 **Email:** fundraising@rnoh.nhs.uk **Web:** www.rnohcharity.org



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